

**GERIATRIC
PSYCHIATRY**

Inpatient care, for those age 55 and older, is available at Penn Highlands Brookville and Penn Highlands Clearfield. Each location features a 10-bed geropsychiatric inpatient unit specializing in the treatment of emotional and behavioral difficulties often experienced by individuals 55 years and older.

Penn Highlands Huntingdon campus offers inpatient and outpatient services for adults. Individuals may present themselves to the hospital's emergency department for face-to-face assessment provided by trained mental health staff for inpatient placement or outpatient services referral.

Current Geriatric Psychiatry Services include, but are not limited to:

- 24-hour nursing care and support
- Psychiatric assessment and stabilization
- Medication evaluation and management
- Psychotherapy services (individual, group and family therapy)
- Diagnostic and laboratory testing
- On-site face-to-face assessments
- Family and patient education and support

**PSYCHIATRY
RESEIDENCY
PROGRAM**

“Our goal is to train competent, compassionate, well trained psychiatrists which stay and work in our communities.”

New to Penn Highlands Healthcare is the Psychiatry Residency Program. Under Dr. Benjamin Gangewere's leadership, the program offers inpatient and outpatient training to prepare residents for career in Psychiatry (or Behavioral Health Medicine.) Working in conjunction with the Family Medicine Residency Program. Penn Highlands Healthcare continues to build a culture of being a community teaching hospital, maintaining one on one training with attending physicians.

“There's no greater privilege than training the next generation of psychiatrists, and I am deeply committed to ensuring that every resident who enters our program receives the education and the experience that will enable them to successfully confront the challenges of psychiatry.”

—Dr. Benjamin Gangewere
Associate Medical Director of Behavioral Health and Director of Penn Highlands Psychiatry Residency Program

Penn Highlands Healthcare offers Behavioral Health Services at the following locations: Brookville, Clearfield, DuBois and Huntingdon.



At Penn Highlands Healthcare, we're here for you...but we can't grow without you. We need to keep exceptional healthcare close to home to strengthen this community for the future. As this transformation progresses, the investment we all make matters. Today, this is our healthcare. Tomorrow, this is our legacy.

We invite you to join us in this investment, growing our care and excellence to new heights. There are many ways to support this transformation. Contact Fund Development at Penn Highlands Healthcare to learn how.



Growing our footprint. Here. Here for you.

**PENN HIGHLANDS HEALTHCARE
FUND DEVELOPMENT**
100 Hospital Ave., PO Box 447
DuBois, PA 15801
814-375-6109
PHFundDevelopment@phhealthcare.org
www.phhealthcare.org/donate



**CASE for
SUPPORT**



PENN HIGHLANDS HEALTHCARE
Here. Here for you.

In 2020, over 9,561 behavioral health patients (adults, children and adolescents alike) were referred to Penn Highlands Healthcare and only 2,055 of those patients were admitted. Therefore, 7,506 patients were turned away for services necessary in order to regain their mental health and overcome substance and alcohol abuse. Additionally, over 20,000 behavioral health outpatient visits occurred in 2020 respectively. The inpatient numbers are expected to double in the upcoming year.



“Behavioral Medicine is a field that gets you to think about treating the person in total.”

Patients with behavioral health needs are critically underserved in our 34-county service area and beyond. To address this need in our service area, the expansion of our current facility at Penn Highlands DuBois East Campus, will create a 126-bed campus providing a comprehensive continuum of behavioral health services. The new facility will offer care to people with a dual diagnosis of mental health disorder and substance abuse disorder, as well as drug and alcohol detox and rehabilitation. The new facility will make use of its 60,000 square feet of existing space and link to a new 50,000 square foot building. The new Center for Behavioral Health will feature two separate entrances. Outpatient and admissions entrances will be separate to support patient privacy. The project will also allow access for the community to

more specialty trained medical professionals to the already highly skilled contingent of providers on staff. Being focused on what is important – patients and families – makes Penn Highlands Healthcare the best choice in the region.

“Behavioral Medicine is a field that gets you to think about treating the person in total. It is increasingly folded into other positive types of medical and surgical care. In the last several years, there has been a significant progression in research related to behavioral health, but we need to keep our eyes on all factors that impact people’s mental health. Moving to destigmatize mental illness in the community is the goal.”

–Dr. Kevin Patterson
Medical Director of Behavioral Health Services



CHILD AND ADOLESCENT SERVICES

Penn Highlands currently offers specialized inpatient programs operating 24/7 for children and adolescents, ages 5 to 18, who are exhibiting behavioral problems impairing their ability to function in the home and/or school.

The expansion of services for child and adolescents will increase the number of patient beds from 10-44 available. The addition on the 2nd and 3rd floors will feature therapeutic imaginative play areas with a rainbow hallway, therapy room that provides sensory stimulation and calming methods, tranquil garden space, walking path, and an activity gym.

“At Penn Highlands Healthcare, we have a dedicated team who are in it for the right reasons. We are acutely aware of deficiencies in behavioral health care across the state and are trying to provide a holistic approach to care.”

The entire state is lacking adequate children and adolescent beds, psychiatrists and nurses. We will be the destination for children and adolescents coming to Penn Highlands from 3-4 hours away.”

–Dr. Benjamin Gangewere
Associate Medical Director of Behavioral Health and Director of Penn Highlands Psychiatry Residency Program

“At Penn Highlands Healthcare, we have a dedicated team who are in it for the right reasons.”

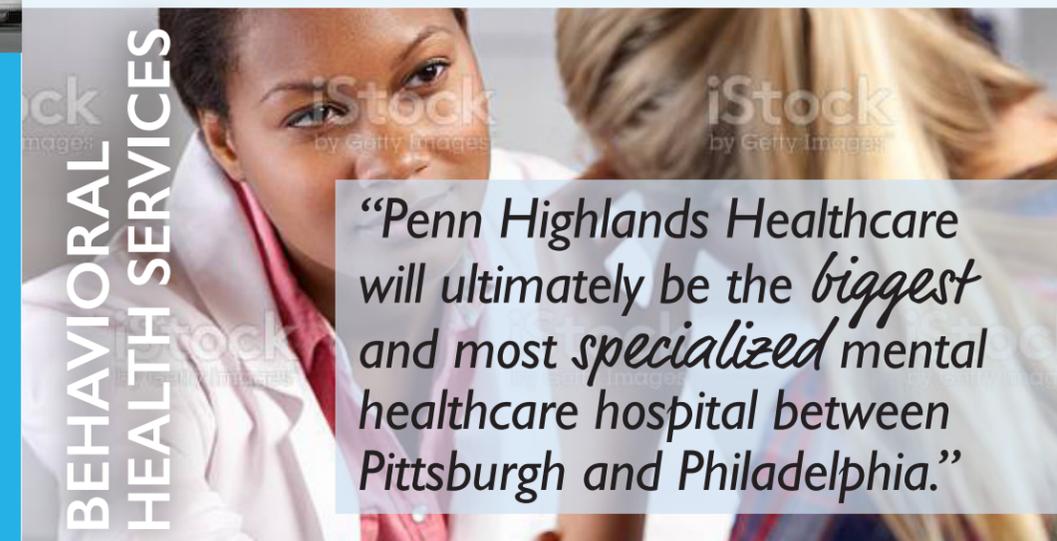


CHILD AND ADOLESCENT SERVICES

Penn Highlands currently offers a variety of inpatient and outpatient Behavioral Health Services to treat the unique mental health concerns of patients including children ages 5 and up, adolescents and teens, adults, and seniors.

Current Behavioral Health Services include, but are not limited to:

- Detox for Substance abuse
- Medication Management
- Outpatient Group Therapy
- Psychiatric Evaluations
- Psychological Assessment
- Behavioral Therapy, Individual Therapy, and Family Therapy
- Suicide Risk Assessment and prevention



BEHAVIORAL HEALTH SERVICES

“Penn Highlands Healthcare will ultimately be the biggest and most specialized mental healthcare hospital between Pittsburgh and Philadelphia.”

New and expanded services provided upon completion of the The Center for Behavioral Health Expansion will provide the following improvements:

- Walk-In Behavioral Health Urgent Care Center
 - Offering immediate care with referral to follow-up inpatient or outpatient services as needed
- Child/Adolescent Behavioral Health Unit
 - Extended acute care unit
 - Expanding from 10 to 44 private rooms and beds available
- Expanded Adult Behavioral Health Units
- Dual Diagnosis Unit
 - For patients who need behavioral health services as well as drug and alcohol detox and rehabilitation
- Expanded Outpatient Behavioral Health program
 - 20 Physician and Therapist Offices
 - 3 Group Therapy Rooms
 - Reception and Lobby
 - Waiting Areas
- Outpatient Behavioral Health Walk-In Urgent Care
 - For patients who don’t meet admissions criteria
 - Consultation with therapist
 - Follow-up outpatient setting
- Behavioral Health Observation Unit
 - For patients assessed in the emergency department and awaiting a bed assignment.

